

# For This Rare Good Food

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*May we share the blessings of this life.*

## Nutshell:

A simple table grace sung in echo. Easy.

## Songleader's notes:

Does your camp have some table grace songs you should retire this year? (I'm looking at you, Superman and Gilligan's Island). Sure they were cute a generation ago when people knew the tunes and giggled at the neat-o factor. Maybe it's time to stir in some new ones.

This one is an effort towards a focused prayer thanking God from whom all blessings flow and also thanking the earth that generously sustains ecosystems for all life on our planet.

In what way is good food rare?

According to the World Health Organization, over 663 million people do not have access to clean water and over 795 million people suffer from chronic malnutrition (2016). No guilt trip. Only that as we sit in the dining hall confident of a meal, we have a lot to be grateful for.

## How to lead it:

It's an echo situation, so a strong singer can just step right up and say, "Echo after me." Maybe do once for practice, once again with confidence.

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## *A Mealtime Blessing*

R. Bruxvoort Colligan

